

Meet the expert

Name: Chirag Shah
Job title: Retina Specialist
Qualifications: MD MPH
Organisation: Ophthalmic Consultants of Boston
Location: USA

Biography:



I have been practicing vitreoretinal surgery since 2010 and have over 100 publications and presentations.

Q Why did you choose your specialty/job role?

A People fear blindness more than they fear cancer. I am proud that I can help many people recover from potentially blinding retinal diseases.

Q What's the most interesting/memorable case you've been involved in for the EMO service?

A There are several cases that have been previously misdiagnosed, in my opinion. I am hopeful that my unbiased opinions have helped patients achieve appropriate care and treatment.

Q What do you most enjoy about working for Teladoc Health?

A There are numerous benefits to the Expert Medical Opinion service. An informed second opinion allows patients to get reassurance if their first opinion is correct, or it affords the opportunity to change the diagnosis and treatment plan if the second opinion differs from the first.

Q How do you think patients can benefit from the Expert Medical Opinion service?

A I think that the Opinions can help people come up with good questions and topics of discussion for their treatment teams.

Q Are you involved in any other organisations or charity work?

A I am deeply involved in teaching, as the co-director of our vitreoretinal surgery program and as a teacher at our medical school.

Q What is the professional achievement you're most proud of?

A I am most proud of a book I recently published, entitled "Financial Freedom Rx," which teaches financial literacy to doctors in every stage of their career. I teach a course of the same title to medical students.

Q Is there anything else you'd like to mention?

A I am so happy to be able to help patients with this service.

Q Tell us about yourself

A I am an avid runner, and very much enjoy coaching my kids' soccer and cross country skiing teams.