

# Meet the expert

**Name:** Barrett Woods

**Job title:** Associate Professor of Orthopedics, Spinal surgeon

**Qualifications:** MD, Fellowship spinal surgery  
Thomas Jefferson University

**Organisation:** Rothman Institute

**Location:** USA

**Q Why did you choose your specialty/job role?**

**A** It is very gratifying to be in a position to help people in need. People with spinal problems are often very frightened. I like taking the time to explain their condition and provide solutions to address the problem.

**Q What's the most interesting/memorable case you've been involved in for the EMO service?**

**A** Most of the cases I have encountered are relatively straight forward and are not much different from what I experience on a daily basis.

**Q What do you most enjoy about working for Teladoc Health?**

**A** People are people, no matter where they are in the world. It is interesting to see cases from remote locations across the globe. Their issues are often very similar to those I encounter in my patients every day in the New Jersey, Philadelphia region.

**Q How do you think patients can benefit from the Expert Medical Opinion service?**

**A** I think it is important for patients to educate themselves on the options, thus allowing for an informed decision on the best course of action.

## Biography:



Dr. Woods is board certified in Orthopaedic Surgery and serves as an Associate Professor of spine surgery at Thomas Jefferson University Hospital. Dr. Woods completed his residency program in Orthopaedic Surgery at the University of Pittsburgh and went on to complete his Spine Surgery fellowship right here at Rothman Orthopaedic Institute.

Dr. Woods has conducted extensive research in the field of orthopaedics and continues to do so, specifically in the treatment of cervical, thoracic and lumbar spine pathologies. He has authored numerous publications, book chapters, abstracts, and poster and podium presentations and is a member of a number of professional societies, including the American Academy of Orthopaedic Surgeons.

**Q Are you involved in any other organisations or charity work?**

**A** Several local and national organizations. Most focusing on the advancement of spinal surgery through education and research.

**Q What is the professional achievement you're most proud of?**

**A** I was appointed the chief of spinal surgery at my hospital, and am a professor in orthopaedics and neurological surgery

**Q Tell us about yourself**

**A** I love to play golf, have three sons 9,7 and 5 that keep me and my wife very busy.